

BLOOMING WRITERS

Fine motor and writing enrichment group led by a pediatric occupational therapist specifically designed for pre-K students using the Learning Without Tears® Get Set for School program.

What is the Get Set for School® Program?

Get Set For School® was created by an occupational therapist as a developmentally appropriate and multi-sensory pre-k curriculum. Through music, movement, and hands-on activities children explore, learn, and build foundational skills for writing.

Why Join this group?

- Engage in fun, interactive lessons through play-based learning and hands-on tools
- Promote fine motor development and Kindergarten readiness
- Develop functional grasping of writing tools before poor habits are set
- Learn proper formation of letters and numbers leading to more legible and efficient writing
- Foster early literacy through alphabet knowledge and phonemic awareness
- Empower every child to participate in a way that suits their learning style through multisensory activities

GROUP INCLUDES:

- Fine motor warm-up games
- Group instruction using play-based multisensory activities and interactive hands-on materials
- Arts and crafts activities incorporating learning concepts and related fine motor skills
- Weekly summary for parents

SKILLS ADDRESSED:

- Upper Body Strength
- Hand Strength
- Postural Stability
- Fine Motor Skills
- Eye/Hand Coordination
- Functional Grasp
- Proper Letter and Number Formation

Meet the OT

Eleanor is a fellow St. Peter's Preschool parent and a pediatric occupational therapist with 11 years of experience working with children and their families in community settings.



Please note: Children do not need to be receiving occupational therapy to participate in this group. The group is designed for all learners with a variety of emerging skill levels. This group is not direct occupational therapy services designed to focus on individual therapeutic goals therefore, group sessions are not billable to insurance. Therapeutic options are available, please contact Eleanor at TinyBloomsOT@gmail.com if your child needs additional support.