

What is Occupational Therapy?

Pediatric occupational therapy empowers children to develop the skills they need to functionally participate in their everyday activities, including self-care, play, learning, and social participation.

Meet the OT-Eleanor Ferrier, MS, OTR/L

Eleanor is a graduate of the University of North Carolina Master's of Science in Occupational Therapy. Following graduation, she worked for 11 years serving children in the community, including treating children in the home as well as Head Start and Early Head Start programs in North Carolina. Eleanor has worked with children from infants to adolescents but specializes in working with toddlers and young children. In addition to understanding child development, Eleanor connects easily with young children and provides compassionate care. Eleanor uses a child-led and family-centered approach to address priorities and determine efficacy of therapy services. Eleanor enjoys working with children of various needs and helping empower children and their families to improve participation in everyday activities.

Through talking with parents and teachers of young children, Eleanor determined a need for accessible OT services in the community. Some children may not meet the threshold to qualify for the state Child Find program but may still need support to functionally participate in their daily routines. Some children may be on waitlists to receive occupational therapy in a clinic setting. To support this need, Eleanor created Tiny Blooms Pediatric Occupational Therapy to help children and their families engage with the world around them to the best of their abilities.

OT Experience with:

- Child Development
- Self-care skills
- Feeding
- Fine Motor skills
- Gross Motor skills
- Coordination

- Visual Motor Skills
- Visual Perceptual Skills
- Sensory processing
- Self-regulation
- Social interaction skills
- Handwriting concerns

Treatment:

<u>Evaluation</u>: Comprehensive evaluations will include parent and teacher interview, standardized assessment, and clinical observation. An evaluation report will be provided including a consultation to discuss results and to develop a plan of care. If occupational therapy is necessary, goals will be developed in collaboration with families to address family priorities

<u>Therapy sessions</u>: Sessions are typically once a week for 45-60 minutes and are designed to target child's goals and plan of care.

<u>Location:</u> OT services will be provided on Mondays during typical school hours at St. Peter's Episcopal Preschool: 3695 Rogers Ave, Ellicott City, MD 21043

<u>Discharge</u>: Graduation from OT services will occur when either long term goals are met and the child no longer demonstrates a need for occupational therapy OR when the family determines they are able to continue without skilled occupational therapy intervention.

Tiny Blooms Pediatric Occupational Therapy is out of network for all insurances. A monthly superbill will be provided for families to submit to their insurance for reimbursement.

For more information, or if you feel that your child may need occupational therapy, feel free to contact Eleanor Ferrier at:

TinyBloomsOT@gmail.com

